



NORMANVILLE SURF LIFESAVING CLUB SURF RESCUE CERTIFICATE

SURF RESCUE CERTIFICATE

The aim of this course is to provide participants with skills and knowledge related to surf awareness, aquatic rescue operations, communication systems and equipment and resuscitation. It is recommended for SLS members who wish to:

- perform in the role of SLS water safety personnel
- take on a lifesaving cadetship and join a lifesaving patrol.

Dates/Venue: Nov 2, 9, 16, 23, Dec 7 at NSLSC.

To commence training for the Surf Rescue Certificate you must:

- be a financial member of an SLS club
- be at least 13 years of age on the final assessment date
- complete an unaided swim of 200 m in 5 minutes or less (goggles and masks permitted) in a swimming pool of not less than 25 m, or over a measured open water course which will be observed prior to you undertaking any water training or assessment activities. Evidence of this must be provided to the assessor prior to commencement of the assessment for these units of competency/this SLSC award.

You also need an everyday standard of language, literacy and numeracy skills to be able to:

- follow written, verbal and visual instructions
- read and interpret a range of signs and symbols
- read and interpret written information
- make basic mathematical calculations to carry out everyday activities
- keep accurate written records.

SURF RESCUE CERTIFICATE

LEARNING OUTCOMES:

- apply knowledge of the surf environment including hazards and surf conditions
- apply surf skills and techniques for self-survival in the water while negotiating prevailing surf conditions with or without a flotation device
- prepare for and respond to a rescue with appropriate rescue and personal protective equipment
- safely perform a rescue using appropriate equipment and rescue techniques while following Surf Life Saving procedures
- conclude rescue operations in line with Surf Life Saving policies and procedures
- safely use Surf Life Saving communications systems and radio equipment to support communications consistent with Surf Life Saving policies and procedures
- apply fault-finding techniques and maintain Surf Life Saving radio equipment
- respond to an emergency situation requiring cardiopulmonary resuscitation (CPR)
- perform a primary victim assessment including cardiopulmonary resuscitation (CPR) and use of an automated external defibrillator (AED)
- accurately report and convey incident details to emergency response services while maintaining confidentiality of records and information in line with statutory and Surf Life Saving policies.

LEARNING METHODS:

Assessment

Participants will be assessed individually and in group activities. Assessment is through demonstration, presentation and application of all elements of competency in the workplace. Participants need to display competency in all assessable elements to successfully complete the Unit of Competencies.

Assessments must be completed in a similar environment to where patrol activities will be undertaken. Participants will be required to complete activities that may include role-plays, oral and written questioning, practical demonstrations and performing scenarios.



Enquiries to NSLSC Chief Instructor:
Kerri Waldhuter

email: chief.instructor@normanvilleslsc.org.au